Unsettled by Holly Crain

The weatherman told me all about the ominous storm coming our way. It was a little unsettling, so I tried to get my mind off it. At that moment, another massive clap of thunder hit, and the electricity went off. In the pitch dark, I jumped on the phone to get support. I was mid-sentence when I noticed someone run up to the back of the house and start pounding on the screen door.

*I was terrified!*

If that wasn't enough, they opened the screen door and pounded on the wooden door. I was frozen and couldn't speak a word. Moments later, they gave up and went away. I was relieved they were gone and relieved to hear my voice return.

The realization of becoming a single parent can stir up some scary feelings too. Questions will flood and consume our minds like..." Will I lose everything that I treasure most in court?" or "How will I get through this alone?". These are difficult questions, much like someone pounding at the door of your heart during a threatening thunderstorm.

When your safety feels threatened or there's perceived danger (like mine), scripture is a great place to meditate and use as a  prayer. Whether it's someone causing harm, a difficult situation, or perceived danger, these words bring comfort! Read this passage of Psalm 55,

16 As for me, I call to God,
    and the Lord saves me.
17 Evening, morning and noon
    I cry out in distress,
    and he hears my voice.
18 He rescues me unharmed
    from the battle waged against me,
    even though many oppose me.
19 God, who is enthroned from of old,
    who does not change—
he will hear them and humble them,
    because they have no fear of God.

22 Cast your cares on the Lord
    and he will sustain you;
he will never let
    the righteous be shaken.

Use these scriptures as an emergency reference card and have them ready to go when a calamity comes your way. Scripture brings comfort, healing, and instruction and puts everything back into perspective.

And by the way, I later discovered that the person in the dark shadows pounding at the back door was my landlord delivering a few gifts for the children. Whatever is ahead, know that you can cast all your cares on the Lord, and He will sustain you! He will!

If we have not met, I want you to know that I walked into this church 24 years ago with a five-year-old daughter and a two-month-old son in tow. This church embraced me, but more significant than that, the gospel and what God did in my life changed this ordinary girl forever! And I know He will do the same for you! He will! Enjoy church, the SPF ministry, and this SPF newsletter. Let yourself get excited about what God has for you and your children.

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