

## The Inkosi Africa Kilimanjaro Tour

27<sup>th</sup> March – 4<sup>th</sup> April 2011



**DAY 1****27<sup>th</sup> March 2011****Arrive in Arusha International Airport.**

Transfer to our hotel for the evening.

We have included an extra day in Arusha to recover from 'jet lag' before we start the climb.

We have selected a lovely lodge for your first day in Tanzania (for some of you it will be Africa)

There is lots to do and see.  
Game Parks, Cycle tours, or walks  
A fascinating snake park !

**For those that have flown far – just chill !**

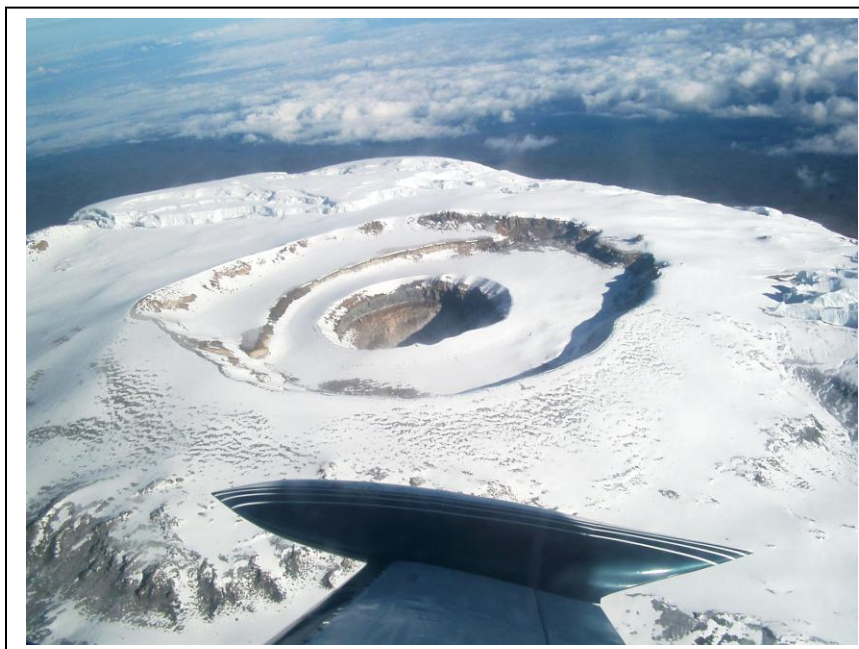
There is a good market that sells food and another that sells wood carvings  
For those that want to see African art and perhaps buy souvenirs  
Or  
just lie by the pool

The lodge has all the usual facilities like a pool table, bar, craft & curio shop, internet café, etc.

**Overnight  
The L'Oasis Lodge  
(B/B)**

**Nourish and replenish** before climbing Kilimanjaro.  
Food with their renowned cuisine, from mouth-watering flambéed lobster to delicately spiced beef teriyaki !

<http://www.loasislodge.com/>

**DAY 2****28<sup>th</sup> March 2011****MOUNT KILIMANJARO**

**is the highest mountain in Africa**  
 and  
**the tallest freestanding mountain in the world**  
 and  
**one of the world's largest volcanoes**

It is a mountain where you can hike for more than 90 kilometers, gain 4 000 meters in altitude, traverse rain forest, moorland, alpine desert, snow fields and ice cliffs, and it's all only 3° south of the equator !!

### **This is the start of a truly unforgettable adventure!**

Transfer to "base camp hotel"  
 We'll meet for an introductory briefing.  
 Checking and hiring of equipment.

#### **Overnight Springlands Hotel (B/B)**

#### **The Marangu Route**

This is the main tourist route and by far the most popular.  
 Some claim the easiest route to **Uhuru Peak**.

We will be doing the 6-day climb - with an extra day for acclimatisation.

It costs an extra day on the mountain but acclimatising substantially increases your chances of reaching the summit.

This is the only route, which provides comfortable sleeping huts, equipped with beds and mattresses at every campsite. Mineral water, soft drinks, beer and chocolates are also sold at every camp.

All the camps on this route have radio contact with the Park Headquarters.

**DAY 3 /4****29<sup>th</sup> / 30<sup>th</sup> March 2011****MOUNTAIN DAY 1**

Transfer to Marangu Gate to start the climb.  
The trek through the main forest takes about 5 hrs.

**Overnight**

Mandara Hut (2765m/9070 ft)  
(Full Board)

**MOUNTAIN DAY 2**

The trail passes through a short stretch of forest,  
then skirts the base of the Maundi Crater and  
emerges into the transition from rain forest to  
moorland.

Once you are in the open moorland you will get the  
chance to see some of Kilimanjaro's  
most spectacular plants - the endemic giant lobelia  
which grows up to 3 m in height and the giant  
groundsel (*Senecia Kilimanjari*), which can reach  
heights of 5m!

After about 6 hours from here you reach the  
Horombo hut, where you will have hot washing  
water, rest; an evening meal and overnight. (3720m

**Overnight**

Horombo hut at 3790m/12430ft.  
(Full board)

**DAY 5 / 6****31<sup>st</sup> March / 1<sup>st</sup> April 2011****MOUNTAIN DAY 3**

We stop here for the day to get acclimatised to the high altitude

Horombo hut is a village of huts perched on a small plateau, with buildings similar to Mandara, but with a total capacity of 120 climbers.

A hike towards the Mawenzi hut, passing the Zebra Rocks on the way (about 3 hours up and 1,5 hours down), is strongly recommended.

Ultimately, the longer time that is spent ascending a route, the more acclimatised the hiker will be.

This extra day therefore greatly increases your chance of success to reach the summit

**Overnight**

Horombo hut at 3790m/12430ft.  
(Full board)

**MOUNTAIN DAY 4**

Today's trek of about 6 hours transverses the saddle with its Alpine desert habitat and moon-like landscape Kibo hut, a stone build block house which has bunk beds for 60 climbers. (Please note - no streams with water are nearby.) The summit is now a further 1195m up

Rest, have dinner prepare for your summit assault  
Retire early.

You will be woken around midnight for the final ascent.

**Overnight**

Kibo Hut at 4750m/15600 ft  
(Full board)

**DAY 7****2<sup>nd</sup> April 2011****ALTITUDE SICKNESS****Acute Mountain Sickness (AMS)**

is a specific condition most frequently found in people not used to extreme altitude.

It is one of your biggest obstacles to the summit of Kilimanjaro.

There is no telling beforehand whether you will suffer from this syndrome, but about 70% climbers do suffer from mild AMS.

It can be fatal when not treated or when symptoms are recklessly ignored.

Your best defence is acclimatisation and keeping your body sufficiently hydrated.

**MOUNTAIN DAY 5**

This is the most strenuous day  
We start the final ascent at around 01.00 hrs. Dress warmly !  
We cross the scree while it is frozen. Your guide will lead you to Hans Meyer Cave (5150m), also a good resting spot  
Gilman's point is reached after about 5 hours which is located on the crater rim.

It is then an easier 1 hour hike to Uhuru peak (5 895m) after about 8 hours you will

**summit the roof of Africa!**

Later, after a rest and photographs, we do the return walk down

We descend to Kibo hut (4,700m).

We reach the hut after 3 hours walk.

A short rest and then head down to Horombo hut.

**Your last night on Kilimanjaro****Overnight**

Horombo Hut

(same hut as day 3)

(Full board)

Climbing Kilimanjaro does not require any technical skills or special equipment

However if you buy new boots for the climb

Make sure you wear them in before you get here !

**DAY 8****3<sup>rd</sup> April 2011**

With adequate preparation **any** reasonably fit person above the age of 12 years can reach the summit successfully.

In fact the oldest person to date to reach the summit was a Frenchman Valtee Daniel at an age of 87

**Preparation**

both physically and mentally is the keyword for **success**

An estimated 86% who set out reach the top

**MOUNTAIN DAY 6**

Today

Is an easy paced walk down the mountain to a waiting car that will take us to that well deserved rest and hot bath !

**Overnight**

Base camp

Hotel

(B/B)

Temperatures range from around 25-30 degrees Celsius at the foot of the mountain to around minus 15 - 20 degrees at the summit.

Night temperatures drop well below freezing point.

**Kilimanjaro National Park**

The park established in 1973, covers an area of 756 square kilometers and is situated above the 2,700 metre (8,910 feet) contour and was originally a forest reserve.

A thorough study of Kilimanjaro in 1950 Kilimanjaro concluded that the mountain is dormant and all but extinct.

This was after reports of sulphurous gas discharges from several vents were recorded. In addition to reports by residents of west Kilimanjaro of rumblings from the interior.

Kilimanjaro is divided into five distinct ecological zones – the lower slopes, forest, heath and moorland, highland desert and the summit. We will be climbing through all five.

**DAY 9****4<sup>th</sup> April 2011**

Transfer to our hotel for the evening.

We have included the extra day in Arusha to recover from 'the climb' and relax together.

We have selected a lovely lodge for your last day in Tanzania (for some of you it will be Africa)

There is lots to do and see.  
Game Parks, Cycle tours, or walks  
A fascinating snake park !

There is a good market that sells food and another that sells wood carvings  
For those that want to see African art and perhaps buy souvenirs  
Or  
just lie by the pool

The lodge has all the usual facilities like a pool table, bar, craft & curio shop, internet café, etc.

**Overnight  
The L'Oasis Lodge  
(B/B)**

**Nourish and replenish** after climbing Kilimanjaro.

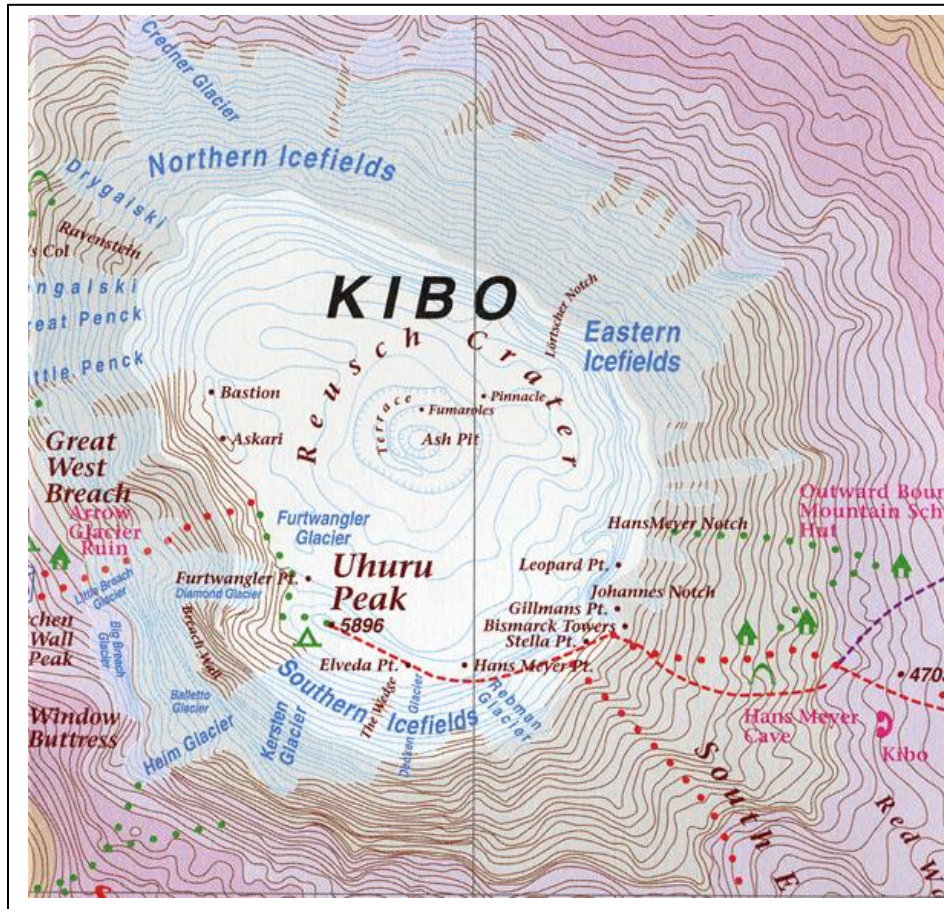
You deserve it !

Food with their renowned cuisine, from mouth-watering flambéed lobster to delicately spiced beef teriyaki !

<http://www.loasislodge.com/>



DAY 10

5<sup>th</sup> April 2011

**After breakfast**

Transfer to Arusha / Kilimanjaro International Airport  
For flight home

**Well done !!**

***Whether you made it to the top or not***

***Everyone has mountains to climb  
sometimes those mountains are only  
in our mind ...  
true triumph  
is about trying !***

**It is possible to climb Kilimanjaro**

This should be uppermost in your mind when preparing  
for the summit.

You should always remain in a positive state of mind,  
but not overly arrogant.

The mental stamina will make the really difficult parts  
like Kibo to Uhuru easier to complete.

Resist the temptation to bring loads of gear for the climb.  
You won't need it  
and it is just extra weight you or your porters must carry.  
Try to limit all of your gear for the climb to less than 40 lbs.

**COST****WHAT'S INCLUDED****COST**

US\$ 2,435.00

Prices are subject to change at short notice. Please confirm prices when booking.

All packages are offered on a per person sharing basis and subject to availability.

When sharing we try and place you with someone similar to you, however you may choose someone or swop en route.

The tour needs a minimum of 6 people to run.

**Do you want to challenge yourself - physically, mentally and spiritually?**

**Do you want a once-in-a-lifetime experience?**

**One that you can look back upon years from now and proudly share your tale of excitement and achievement**

**... as well as those moments of exhaustion, anguish and doubt?**

**Package includes**

- Return airport transfers between Kilimanjaro International Airport and town.
- Transfer from your hotel to starting point for your climb, and return to your hotel after your climb
- All National Park entrance fees
- Rescue fees (Kilimanjaro rescue team fees)
- Salaries for mountain crew (porters, guides, cook)
- Breakfast, lunch and dinner on the mountain
- Hot drinks on the mountain including mineral / drinking water.
- Mountain Hut accommodation (please bring your own sleeping bag)
- Professional well experienced Kilimanjaro Team with English speaking Mountain guide, porters and cook
- Climbing permit
- Certificate for your successful summit attempt
- Extra night on the mountain for acclimatisation (normally 5 day climb)
- Government climbing taxes
- Travel info pack
- Extra two nights' accommodation at The L'Oasis Lodge (B/B) and Marangu Hotel (HB).

**Package does not included**

- Items of a personal nature
- Equipment such as sleeping bags (rental \$15), walking sticks, rucksacks, water bottles etc. are not included but can be hired at the base hotel.
- Passport / visa (US\$50 – paid on arrival)
- Air tickets
- Traveller's insurance (recommended – we can advise)
- Tips to mountain guides and porters. (Please tip only after you are back down the mountain, and this will be done collectively as a group).
- Other tips / gratuities.

## GOING HOME

### ITINERARY

**DAY 1:** Collection from Arusha Airport. Transfer to Oasis Hotel.

**Day 2:** Transfer to the "base camp hotel" at Marangu. Afternoon checking and hiring equipment. Dinner and overnight at Dik Dik Hotel or Marangu Hotel.

**DAY 3:** Transfer to Marangu Gate to start the climb. The trek through the main forest takes 3-4 hrs. Overnight at Mandara Hut at 2765m/9070 ft.

**DAY 4:** Leave the forest and cross moorland dotted with giant lobelias. Horombo hut at 3790m/12430ft is reached after approximately 5 hours hike.

**DAY 5:** Extra days acclimatization at Horombo hut. Day hike to Mwanza Hut. Overnight Horombo Hut.

**DAY 6:** Today's trek of about 6 hours transverses the saddle with its moon-like landscape, past the last water point and on at Kibo Hut at 4750m/15600 ft.

**DAY 7:** Start the final ascent at around 02.00 hrs. Gilman's point is reached after about 5 hours. It is then an easier 1 hour hike to the Summit. Later on return to Horombo Hut for overnight.

**DAY 8:** An easy paced walk down the mountain to Marangu Hotel for that well deserved rest and hot bath.

**DAY 9:** A deserved relaxing day at the Oasis Lodge in Arusha

**DAY 10:** Transfer to Arusha International airport.

**Thank you for travelling with  
Inkosi Africa Tours and Safaris !**

**We trust you've enjoyed your 'climb' with us and have now**

*fallen in love with Africa !*



Whereas **Inkosi Africa Tours and Safaris** present itineraries in good faith, however it is in the nature of a safari, or travelling in Africa that for reasons beyond its control, not all aspects of an itinerary may be available at the time the safari/tour takes place. Should this be the case, Inkosi Africa will in its discretion replace certain items, venues or routes with those of a similar or equal nature

If you require further information please don't hesitate to contact us on [info@inkosiafrica.com](mailto:info@inkosiafrica.com)  
Tel +27 82 786 2888  
Or chat live on Skype – "inkosiafrica"



**environment  
& tourism**

Department:  
Environmental Affairs and Tourism  
REPUBLIC OF SOUTH AFRICA

